

## News from the Shop

The shop has provided a crucial service to the community during lock-down and continues so to do as government restrictions start to ease.

Thank you for your patience and observing the governments rules for social distancing.

Our staff and suppliers are doing a great job supplying you with what you need and most items are now available including a full range of sugar and flour.

Our milk supplier is now delivering top quality fresh **fruit** and **vegetables** three times a week; Monday, Wednesday and Friday. If there is something you want, telephone the shop by 9:30 before delivery day. And with the weather warming up, why not treat yourself to an ice cream.

The shop is still hosting a Post Office Outreach service on Wednesday afternoons from 1.30 to 4.30 with a Royal Mail collection at 4.30. At other times, you can pay utility bills, buy top-ups for your telephone and pre-pay some electricity keys and cards using the shop's Payzone services, which are available all of the time the shop is open.

The shop continues to sell postage stamps and you can get up to £30 cashback when purchasing goods. However, we can only sell the stamps for cash unless you buy goods to cover the cost of paying by card. This also applies to cash-back because the provider charges the shop a commission on the value of the cash as well as that of the goods you buy.

## Telephone Shopping

It is fine queuing up when the weather is good, but not so funny when it is cold, wet and windy. Don't despair! You can telephone the shop and ask for your shopping to be picked.

- Telephone the shop to place your order
- Agree a time to pick up your shopping
- Telephone to check it is ready
- Pay by card over the phone or when you collect.

Tel. 01963 23770

You can have your shopping brought out if the weather is not good.

Alternatively, you can drop off a shopping list and pick up later.

If you can't get to the shop, we should be able to deliver. Please ask.

## Shortage of Volunteers

Our senior volunteers may not work in the shop while the government restrictions persist, which is why we are closing at 13:00 weekdays and 12:00 on Saturdays because we don't have enough volunteers.

A big thanks to our new and returning volunteers who have stepped into some of the morning slots. However, as government restrictions start to ease, some of these volunteers will need to return to their jobs.

Keeping the shop open, even for the mornings, continues to be very challenging and is the main problem that the shop faces.

If you could spare a few hours a week to work alongside a volunteer, we are sure you would enjoy it. We would love to hear from you. We can offer you a regular shift or you could be one of our standby volunteers. Full training

will be given. Please call in at the store for a chat or email your contact details.

## Variety of Products

Many of you have started to use the shop for your regular shopping and avoided the crowds at the supermarkets. As a result we are stocking many more items:

- Pasta and rice.
- Taylors Traditional loaves, pitta breads, tortilla wraps, naan breads, burger buns and hotdog rolls.
- Wide range of cakes and biscuits.
- Seasonal items currently local strawberries and Cornish new potatoes.
- Frozen foods including chicken breasts, beef mince and sausages.
- Chilled snacks: pies, pasties, quiches, sausage rolls, pork pies, scotch eggs
- Chilled meat: sausages, bacon, black pudding, sliced cooked meats, pate
- Dairy and salads
- Fresh meat from John Thorner's
- Household
- Cards and stationery

## Home Baking

With the renewed interest in home baking, you can get most if not all of the ingredients that you will need.

The shop gets weekly deliveries of good quality flour for all types of baking, including bread flour and gluten free.

We stock:

- Sugar – granulated, caster, icing and demerara
- Dried fruit – Wilton golden raisins, currants, sultanas and mixed vine fruits

- Local eggs, baking powder, bicarbonate of soda and dried yeast.

We have a great range of popular ice creams and chilled drinks. Just the job when you find the weather getting a little bit warm.

## Flapjack Recipe

Here is a recipe to make for your picnic:

- 4oz sugar
- 4oz butter or margarine
- 1 desert-spoon golden syrup
- 6oz whole oats, muesli or porridge oats
- ¾ teaspoon ground ginger

Grease an 18-20cm square baking tin. Gently melt the butter/marg. in a saucepan. Remove from the heat. Stir in oats and ginger. Put into the tin and bake for 40mins at 150°C (300°F). Cool for 10mins then turn out onto a firm surface and cut into pieces as desired.

### Store Opening Hours

Monday - Friday.....07:30 – 13:00  
(Wednesday to 17:00)  
Saturday .....07:30 – 12:00  
Sunday .....08:00 – 10:30

### Post Office Opening Hours

Wednesday.....13:30 – 16:30

## Help the Shop to Thrive

Here are some ways that you can help the shop to thrive:

- Use the shop regularly
- Volunteer, either regularly or occasionally
- Suggest lines which might be popular
- Recommend us to friends and neighbours
- Become a shareholder

**The store is here for you  
Can you be here for the store?**

*Bishops Caundle Community Store*